

Auditory verbal therapy

A spoken language habilitation package with digital follow-up

AVT is an early intervention programme for children with hearing loss and their families. At Rikshospitalet, AVT is aimed at the 0-3 year old age group for their first year with CI.

- AVT is based on play and everyday activities.
 - In the sessions, we work to ensure optimum benefit of the CI technology and guide and coach parents to stimulate their child's listening skills and the listening brain.
 - Parent coaching is central part of AVT and at least one parent is always present. It is also possible for other family members or a daycare teacher to participate.
 - The sessions are designed to carry activities over into daily life so that parents can make everyday routines such as getting dressed, mealtimes etc. into a fun listening and learning opportunity.
- AVT sessions last up to one hour.
 - Digital appointments: meetings are arranged with parents, typically every other week, but otherwise according to individual needs. Digital appointments are on the hospital's video conference system.
 - Physical appointments take place in connection with technical checkups at 3, 6, 9 and 12 months after sound activation.
- Specialists in listening and spoken language development carry out AVT at Rikshospitalet.
- Individual plans are written for each child's listening and spoken language development.
- Bilingual and multilingual families: AVT is also for families where one or both parents have another mother tongue than Norwegian, whether that is a spoken language or sign language. Interpreters are used in sessions when necessary.
- AVT at Rikshospitalet does not replace services from PPT, Statped or other organisations. Auditory verbal therapists collaborate with the relevant organisations.
- E-learning modules for parents and professionals will be made available and aim to spread knowledge and develop skills in the child's network.
- Listening case: Each family will receive a starter pack with useful toys and information.