Oslo universitetssykehus

Seksjon for Behandlingsreiser

Clear form

Legeerklæring ved søknad om behandlingsreise til utlandet for voksne med revmatisk inflammatorisk leddsykdom

Name of patient

Birth number

Diagnosis

When, where and how was the diagnosis made?

When and where was the last visit at a rheumatologist?
Please enclose relevant medical note.

HLA-B 27? Yes ☐ No ☐ Anti-CCP pos? Yes ☐ No ☐
Positive X-ray/MR/CT IS-joints? Yes ☐ No ☐
X-ray/MR/CT showing arthritis? Yes ☐ No ☐
If yes, which joints?

Atlantoaxial subluxation? Yes ☐ No ☐ Not examined ☐
If yes, please enclose cervical spine X-ray description, and a neurosurgical evaluation if available.

Joint status

	Swelling / Deformities Yes / No		Swelling / Deformities Yes / No	
Shoulders	☐ ☐	☐ ☐	Ankles/toes ☐ ☐	☐ ☐
Elbows	☐ ☐	☐ ☐	Hips ☐ ☐	☐ ☐
Fingers/ Wrists	☐ ☐	☐ ☐	Back ☐ ☐	☐ ☐
Other Which joints?	☐ ☐	☐ ☐	Knees ☐ ☐	☐ ☐

Please describe the patients present problems

Evaluation/date/signature (Utfylles av Behandlingsreiser)

If yes on any of the following questions, please specify and enclose relevant medical notes

Any heart or vessel disease? Yes ☐ No ☐

Other known somatic diseases? Yes ☐ No ☐
Which?

Has the patient been hospitalized the last year?
Yes ☐ No ☐

Any special information (other handicap, mental condition)
Yes ☐ No ☐

Any known alcohol, drug or medication abuse?
Yes ☐ No ☐

If yes on any of the above: could this restrict the patient`s ability to participate in a 4-week daily exercise therapy program?
Yes ☐ No ☐

Har pasienten behov for ledsager pga nedsatt funksjonsevne?
Må dokumenteres og bekreftes i eget skriv. Ja ☐ Nei ☐

Kan pasienten kommunisere på skandinavisk? Ja ☐ Nei ☐

How far can the patient walk?
If unable of walking stairs or without support, using one or two crutches or wheelchair), please specify

Medication

Blood pressure ESR

Weight Height

Doctors name:

Adress:

Date: Stempel/signature:

Søknaden sendes sammen med pasientens søknad og epikrise med kort sykehistorie fra revmatolog til:
Oslo Universitetssykehus HF, Rikshospitalet, Seksjon for Behandlingsreiser, Postboks 4950 Nydalen, 0424 Oslo