

# Doffing PPE for droplet precautions

- Follow the depicted sequence step-by-step
- Doff in the contaminated area
- Perform the doffing in a slow and controlled manner
- It is advised to be observed by a trained colleague during doffing
- The goal is to make sure that the clean inside areas do not come in contact with dirty outer surfaces
- Disinfect hands if they get contaminated during doffing

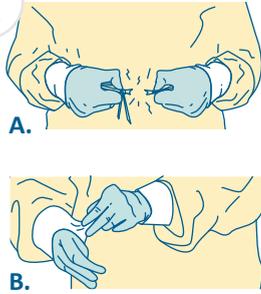
Revised: 11.04.2020

1



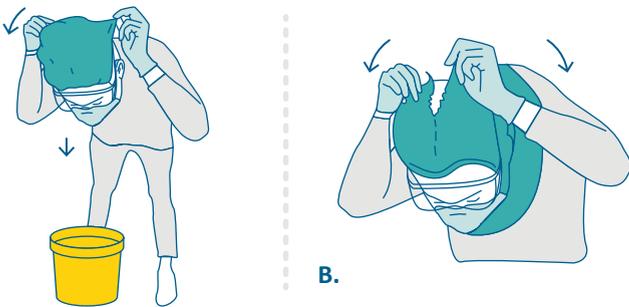
If you use a visor, take it off now. Bend forwards. Use two fingers on outer edges, pull away from face, and lift away.

2



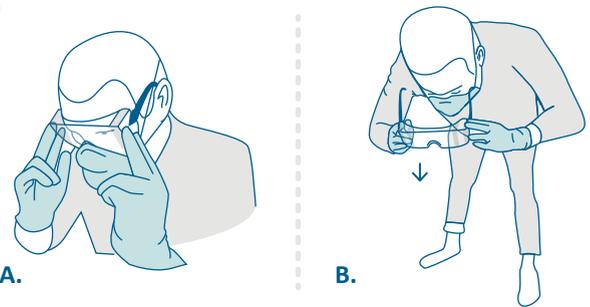
A. Pull or untie the band around your waste B. Grab one of the clean cuffs C. Pull the cuff down and over the hand D. When the first hand is safely inside the gowns arm, you can use this hand to disrobe your other hand and arm E. Only touch the inside of the gown as you slowly disrobe, fold and discard it.

3



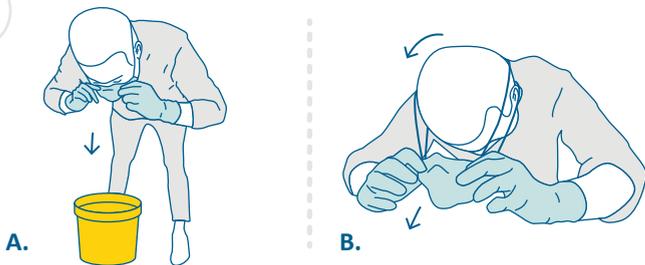
A. Bend forwards over the biohazard bin, grab the back side of the head cover and pull it forwards over your head B. Astronaut hoods can be torn or cut off, begin on the backside. Discard in the biohazards bin.

4



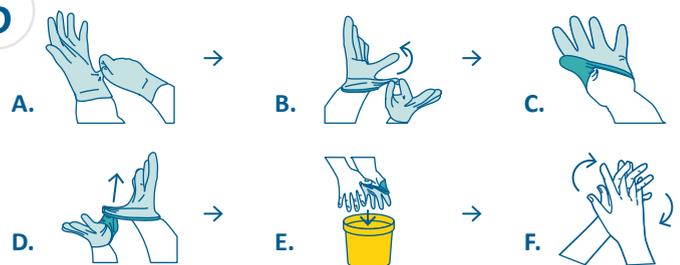
A. Use two fingers on both outer edges of your goggles or protective eyewear to take them off. B. Bend forwards, close your eyes and remove them. These can be re-used after disinfection. Use gloves for that.

5



A. Bend forwards over a biohazard bin, close your eyes and exhale as you remove face mask. Grip the facemask or respirator in the front. B. Pull away from face, before you lift slightly upwards and the head band loosens or tears. Discard mask in biohazard bin.

6



A. Pinch the outer sleeve of the glove B. Pull the pinched edge over the thumb C. Thumb is now clean D. Slide the clean thumb under the sleeve on the other hand and pull glove off E. Pull the first glove off and discard F. Wash hands thoroughly or disinfect them.

