

Course in maternal PKU

Friday, 25th of March 2022

Information on PKU and maternity for young women with PKU and non-PKU HPA

What is maternal PKU- from when considering to become a mother up to the baby is born

The course is held at Center for Rare Disorders, Børrestuveien 3, Oslo

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| 09:00–09:15 | Welcome, presentation and information about the day |
| 09:15–09:45 | Short repetition on PKU, what is «maternal PKU»? presented by chief physician Per Mathisen, Adult PKU-team, Rikshospitalet, Oslo University Hospital |
| 09:45–10:00 | Break |
| 10:00–11:00 | About pregnancy planning and contraceptives by gynecologist Ane Moe Holme, Center for Rare Disorders |
| 11:00–11:15 | Break |
| 11:15–12:00 | How is the PKU-diet before pregnancy and during pregnancy? By Registered dietitian Linn Helene Stølen, Adult PKU-team, Rikshospitalet, Oslo University Hospital |
| 12:00–13:00 | Lunch |
| 13:00–14:00 | A woman who have followed the maternal PKU diet and got children tell about her experience and answer questions |
| 14:00–14:15 | Break |
| 14:15–14:45 | Conversation about today's topic. Questions? |
| 14:45–15:00 | Summery and ending |



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European Reference Network

for rare or low prevalence complex diseases

• **Network**
Hereditary Metabolic Disorders (MetabERN)

• **Member**
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